

## Week 16 - Program 1b - 9/09/2016

## Results

**Girls 70 Meter Run 5yrs**

Meet Record: 13.20 M 27/07/2001 Tori West

Name	Age	Team	Finals
<b>Finals</b>			
1 Lilly McCormack	5	TNS	14.84 NWI
2 Elena Knight	5	TNS	21.46 NWI

**Girls 80 Meter Run 5yrs**

Meet Record: 15.40 M 26/08/2001 Tori West

Name	Age	Team	Finals
<b>Finals</b>			
1 Elena Knight	5	TNS	22.80 NWI

**Girls 100 Meter Run 5yrs**

Meet Record: 19.30 M 20/08/2005 Neve Houlihan

Name	Age	Team	Finals
<b>Finals</b>			
1 Lilly McCormack	5	TNS	21.34 NWI
2 Elena Knight	5	TNS	26.80 NWI

**Girls Long Jump 5yrs**

Meet Record: 2.51m M 16/09/2001 Sharnae Henaway, Tori West (26.08)

Name	Age	Team	Finals
<b>Finals</b>			
1 Lilly McCormack	5	TNS	1.57m NWI
2 Elena Knight	5	TNS	1.19m NWI

**Girls Discus Throw 5yrs**

Meet Record: 11.60m M 30/09/2001 Sharnae Henaway

Name	Age	Team	Finals
<b>Finals</b>			
1 Lilly McCormack	5	TNS	4.54m
2 Elena Knight	5	TNS	4.07m

**Girls 70 Meter Run 6yrs**

Meet Record: 13.00 M 11/08/2002 Tori West

Name	Age	Team	Finals
<b>Finals</b>			
1 Rubee Hughes	6	TNS	14.71 NWI
2 Keira Pearce	6	TNS	15.82 NWI
3 Abby Pitt	6	TNS	15.85 NWI
4 Jamee Oakley	6	TNS	16.15 NWI
5 Neve Hook	6	TNS	16.42 NWI
6 Lulu Houlihan	6	TNS	16.54 NWI
7 Shilah Price	6	TNS	16.82 NWI
8 Claudia Koitka	6	TNS	17.16 NWI
9 Mia Moore	6	TNS	19.19 NWI
10 Hailey Knight	6	TNS	22.39 NWI

**Girls 80 Meter Run 6yrs**

Meet Record: 14.40 M 14/07/2002 Tori West

Name	Age	Team	Finals
<b>Finals</b>			
1 Rubee Hughes	6	TNS	16.29 NWI
2 Abby Pitt	6	TNS	17.58 NWI
3 Keira Pearce	6	TNS	17.62 NWI
4 Jamee Oakley	6	TNS	18.33 NWI

5 Neve Hook	6	TNS	18.61 NWI
6 Shilah Price	6	TNS	18.78 NWI
7 Claudia Koitka	6	TNS	19.30 NWI
8 Lulu Houlihan	6	TNS	20.53 NWI
9 Mia Moore	6	TNS	23.88 NWI
10 Hailey Knight	6	TNS	25.48 NWI

**Girls 100 Meter Run 6yrs**

Meet Record: 18.30 M 15/08/1999 Amy Buchanan

Name	Age	Team	Finals
<b>Finals</b>			
1 Rubee Hughes	6	TNS	21.50 NWI
2 Shilah Price	6	TNS	23.31 NWI
3 Keira Pearce	6	TNS	23.41 NWI
4 Abby Pitt	6	TNS	23.56 NWI
5 Neve Hook	6	TNS	24.21 NWI
6 Jamee Oakley	6	TNS	24.45 NWI
7 Claudia Koitka	6	TNS	24.73 NWI
8 Lulu Houlihan	6	TNS	25.89 NWI
9 Mia Moore	6	TNS	29.99 NWI
10 Hailey Knight	6	TNS	36.96 NWI

**Girls Long Jump 6yrs**

Meet Record: 2.93m M 11/07/1999 Amy Buchanan

Name	Age	Team	Finals
<b>Finals</b>			
1 Rubee Hughes	6	TNS	2.23m NWI
2 Keira Pearce	6	TNS	1.90m NWI
3 Shilah Price	6	TNS	1.81m NWI
4 Abby Pitt	6	TNS	1.69m NWI
5 Mia Moore	6	TNS	1.48m NWI
6 Jamee Oakley	6	TNS	1.28m NWI
7 Claudia Koitka	6	TNS	1.25m NWI
7 Neve Hook	6	TNS	1.25m NWI
9 Lulu Houlihan	6	TNS	1.24m NWI
10 Hailey Knight	6	TNS	0.89m NWI

**Girls Discus Throw 6yrs**

Meet Record: 12.52m M 25/08/2002 Tori West

Name	Age	Team	Finals
<b>Finals</b>			
1 Claudia Koitka	6	TNS	5.95m
2 Rubee Hughes	6	TNS	5.15m
3 Keira Pearce	6	TNS	5.06m
4 Jamee Oakley	6	TNS	4.43m
5 Shilah Price	6	TNS	4.10m
6 Lulu Houlihan	6	TNS	3.44m
7 Abby Pitt	6	TNS	3.35m
8 Mia Moore	6	TNS	2.97m
9 Neve Hook	6	TNS	2.44m
10 Hailey Knight	6	TNS	2.34m

**Girls 70 Meter Run 7yrs**

Meet Record: 11.60 M 15/10/2000 Teagan Edwards

Name	Age	Team	Finals
<b>Finals</b>			
1 Alannah Goodwin	7	TNS	12.94 NWI

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**Finals ... (Girls 70 Meter Run 7yrs)**

Name	Age	Team	Finals
2 Mia Marrinan	7	TNS	13.60 NWI
3 Keeley Conlan	7	TNS	14.23 NWI
4 Imogen Smerdon	7	TNS	15.03 NWI
5 Telisalee Catmull	7	TNS	15.83 NWI

**Girls 80 Meter Run 7yrs**

Meet Record: 13.30 M 14/10/2000 Teagan Edwards

Name	Age	Team	Finals
1 Alannah Goodwin	7	TNS	14.58 NWI
2 Mia Marrinan	7	TNS	15.34 NWI
3 Georgia Docherty	7	TNS	16.16 NWI
4 Keeley Conlan	7	TNS	16.44 NWI
5 Imogen Smerdon	7	TNS	17.37 NWI
6 Telisalee Catmull	7	TNS	17.64 NWI

**Girls 100 Meter Run 7yrs**

Meet Record: 16.80 M 14/10/2000 Teagan Edwards

Name	Age	Team	Finals
1 Alannah Goodwin	7	TNS	19.11 NWI
2 Mia Marrinan	7	TNS	20.11 NWI
3 Imogen Smerdon	7	TNS	20.84 NWI
4 Keeley Conlan	7	TNS	21.94 NWI
5 Telisalee Catmull	7	TNS	27.56 NWI

**Girls Long Jump 7yrs**

Meet Record: 3.49m M 14/09/2003 Tori West

Name	Age	Team	Finals
1 Mia Marrinan	7	TNS	2.85m NWI
2 Alannah Goodwin	7	TNS	2.28m NWI
3 Keeley Conlan	7	TNS	2.05m NWI
4 Telisalee Catmull	7	TNS	1.98m NWI
5 Imogen Smerdon	7	TNS	0.88m NWI

**Girls Shot Put 7yrs**

Meet Record: 5.40m M 27/04/1998 Kelly Perham

Name	Age	Team	Finals
1 Mia Marrinan	7	TNS	3.25m
2 Keeley Conlan	7	TNS	3.19m
3 Alannah Goodwin	7	TNS	2.93m
4 Imogen Smerdon	7	TNS	2.48m
5 Telisalee Catmull	7	TNS	2.15m

**Girls 80 Meter Run 8 yrs**

Meet Record: 12.70 M 18/05/2003 Tayla Little

Name	Age	Team	Finals
1 Makere Marsh	8	TNS	13.38 NWI
2 Evoltia Tuala	8	TNS	14.17 NWI
3 Peyton Wedel	8	TNS	14.33 NWI
4 Shiqeita Maloney	8	TNS	14.59 NWI
5 Ruby Houlihan	8	TNS	15.03 NWI
6 Indiana Thomas	8	TNS	15.24 NWI

7 Iluka Hamann	8	TNS	15.28 NWI
8 Alexis Wendt	8	TNS	16.85 NWI
9 Cecillia Cason	8	TNS	18.80 NWI

**Girls 100 Meter Run 8 yrs**

Meet Record: 16.10 M 23/06/1996 Rachael Finch/Tayla Little (24/08/00)

Name	Age	Team	Finals
1 Makere Marsh	8	TNS	16.99 NWI
2 Evoltia Tuala	8	TNS	17.56 NWI
3 Peyton Wedel	8	TNS	18.09 NWI
4 Katelyn Denman	8	TNS	18.73 NWI
5 Shiqeita Maloney	8	TNS	18.83 NWI
6 Iluka Hamann	8	TNS	19.46 NWI
7 Ruby Houlihan	8	TNS	19.52 NWI
8 Indiana Thomas	8	TNS	20.62 NWI
9 Alexis Wendt	8	TNS	23.55 NWI
10 Cecillia Cason	8	TNS	26.29 NWI

**Girls 800 Meter Run 8 yrs**

Meet Record: 3:13.40 M 15/05/2004 Sarah Ridd

Name	Age	Team	Finals
1 Iluka Hamann	8	TNS	3:35.36
2 Katelyn Denman	8	TNS	3:46.37
3 Makere Marsh	8	TNS	4:12.86
4 Shiqeita Maloney	8	TNS	4:26.62
5 Alexis Wendt	8	TNS	4:29.85

**Girls High Jump 8 yrs**

Meet Record: 1.06m M 17/06/2001 Roxanne Venning

Name	Age	Team	Finals
1 Makere Marsh	8	TNS	0.95m
2 Shiqeita Maloney	8	TNS	0.90m
2 Ruby Houlihan	8	TNS	0.90m
4 Peyton Wedel	8	TNS	0.85m
4 Katelyn Denman	8	TNS	0.85m
6 Evoltia Tuala	8	TNS	0.80m
6 Alexis Wendt	8	TNS	0.80m
6 Iluka Hamann	8	TNS	0.80m
9 Cecillia Cason	8	TNS	0.75m

**Girls Discus Throw 8 yrs**

Meet Record: 18.76m M 1/10/2000 Jazmine Harris

Name	Age	Team	Finals
1 Peyton Wedel	8	TNS	9.31m
2 Evoltia Tuala	8	TNS	8.79m
3 Makere Marsh	8	TNS	8.75m
4 Cecillia Cason	8	TNS	7.50m
5 Alexis Wendt	8	TNS	7.43m
6 Ruby Houlihan	8	TNS	7.41m
7 Iluka Hamann	8	TNS	5.38m
8 Katelyn Denman	8	TNS	4.82m

## Week 16 - Program 1b - 9/09/2016

## Results

**Girls 80 Meter Run 9 yrs**

Meet Record: 12.30 M 1/09/1997 A-M Smeaton/Emily Williams (14/1

Name	Age	Team	Finals
<b>Finals</b>			
1	Alannah Gomez	9 TNS	12.77 NWI
2	Lillian Hughes	9 TNS	13.00 NWI
3	Elizabeth Horne	9 TNS	13.31 NWI
4	Kia Toth	9 TNS	13.99 NWI
5	Lucy Biviano	9 TNS	14.26 NWI
6	Ellie Thomson	9 TNS	15.27 NWI
7	Lily-marie Audas-Gray	9 TNS	18.40 NWI

**Girls 100 Meter Run 9 yrs**

Meet Record: 15.10 M 13/07/1997 Rachael Finch

Name	Age	Team	Finals
<b>Finals</b>			
1	Alannah Gomez	9 TNS	15.34 NWI
2	Lillian Hughes	9 TNS	16.40 NWI
3	Elizabeth Horne	9 TNS	16.65 NWI
4	Kia Toth	9 TNS	17.75 NWI
5	Lucy Biviano	9 TNS	18.42 NWI
6	Ellie Thomson	9 TNS	18.89 NWI
7	Lily-marie Audas-Gray	9 TNS	23.38 NWI

**Girls 800 Meter Run 9 yrs**

Meet Record: 2:54.39 M 25/07/2014 Madeline Mathews

Name	Age	Team	Finals
<b>Finals</b>			
1	Alannah Gomez	9 TNS	3:02.07
2	Elizabeth Horne	9 TNS	3:02.37
3	Lillian Hughes	9 TNS	3:35.92
4	Kia Toth	9 TNS	3:48.22
5	Ellie Thomson	9 TNS	3:55.92
6	Lucy Biviano	9 TNS	4:30.19
7	Lily-marie Audas-Gray	9 TNS	4:58.08

**Girls Long Jump 9 yrs**

Meet Record: 3.88m M 25/06/2010 Anya Myers

Name	Age	Team	Finals
<b>Finals</b>			
1	Alannah Gomez	9 TNS	3.18m NWI
2	Lillian Hughes	9 TNS	3.14m NWI
3	Elizabeth Horne	9 TNS	3.13m NWI
4	Kia Toth	9 TNS	2.85m NWI
5	Ellie Thomson	9 TNS	2.64m NWI
6	Lucy Biviano	9 TNS	2.48m NWI
7	Lily-marie Audas-Gray	9 TNS	2.10m NWI

**Girls Javelin Throw 9 yrs**

Meet Record: 10.84m M 19/08/2016 Elizabeth Horne

Meet Record: 9.06m M 29/07/2016 Kia Toth

Name	Age	Team	Finals
<b>Finals</b>			
1	Kia Toth	9 TNS	10.43mM
2	Elizabeth Horne	9 TNS	9.63mM
3	Lily-marie Audas-Gray	9 TNS	9.62mM
4	Alannah Gomez	9 TNS	8.20m

5	Lillian Hughes	9 TNS	7.92m
6	Lucy Biviano	9 TNS	4.89m
7	Ellie Thomson	9 TNS	4.76m

**Girls 100 Meter Run 10 yrs**

Meet Record: 14.57 M 10/07/2005 Tayla Little

Name	Age	Team	Finals
<b>Finals</b>			
1	Jessie Wintour	10 TNS	15.41 NWI
2	Kacee Kinbacher	10 TNS	17.22 NWI
3	Sophie Griffin	10 TNS	18.67 NWI
4	Cadence Courtney	10 TNS	19.25 NWI
5	Kate Giles	10 TNS	21.38 NWI

**Girls 200 Meter Run 10 yrs**

Meet Record: 30.02 M 3/09/2005 Tayla Little

Name	Age	Team	Finals
<b>Finals</b>			
1	Jessie Wintour	10 TNS	31.81 NWI
2	Kacee Kinbacher	10 TNS	38.53 NWI
3	Ella Raciti	10 TNS	42.86 NWI
4	Kate Giles	10 TNS	50.29 NWI

**Girls 800 Meter Run 10 yrs**

Meet Record: 2:50.30 M 17/08/2003 Garai Captain

Name	Age	Team	Finals
<b>Finals</b>			
1	Cadence Courtney	10 TNS	2:53.46
2	Kacee Kinbacher	10 TNS	3:06.19
3	Jessie Wintour	10 TNS	3:12.22
4	Ella Raciti	10 TNS	3:16.93
5	Madeline Connery	10 TNS	3:22.44

**Girls Long Jump 10 yrs**

Meet Record: 4.23m M 7/09/1997 A-M Smeaton/Emily Williams (30/9

Name	Age	Team	Finals
<b>Finals</b>			
1	Jessie Wintour	10 TNS	3.34m NWI
2	Cadence Courtney	10 TNS	2.89m NWI
3	Kacee Kinbacher	10 TNS	2.75m NWI
4	Sophie Griffin	10 TNS	2.61m NWI
5	Kate Giles	10 TNS	1.93m NWI

**Girls Discus Throw 10 yrs**

Meet Record: 20.72m M 26/08/2001 Stephanie Rhead

Name	Age	Team	Finals
<b>Finals</b>			
1	Jessie Wintour	10 TNS	13.44m
2	Ella Raciti	10 TNS	12.14m
3	Kate Giles	10 TNS	10.86m
4	Sophie Griffin	10 TNS	8.86m

**Girls 800 Meter Race Walk 10 yrs**

Meet Record: 5:29.20 M 19/07/2013 Kasey Blake

Name	Age	Team	Finals
<b>Finals</b>			
1	Ella Raciti	10 TNS	6:15.05
2	Kacee Kinbacher	10 TNS	6:29.78

## Week 16 - Program 1b - 9/09/2016

## Results

**Finals ... (Girls 800 Meter Race Walk 10 yrs)**

Name	Age	Team	Finals
3 Kate Giles	10	TNS	6:36.92
4 Madeline Connery	10	TNS	7:07.16

**Girls 100 Meter Run 11 yrs**

Meet Record: 13.60 M 6/09/1998 Anne-Marie Smeaton

Name	Age	Team	Finals
<b>Finals</b>			
1 Zoe Mentor	11	TNS	15.41 NWI
2 Olivia Jackson	11	TNS	16.17 NWI
3 Georgia Biviano	11	TNS	17.26 NWI
4 Olivia Yates	11	TNS	17.42 NWI

**Girls 200 Meter Run 11 yrs**

Meet Record: 30.00 M 23/08/1998 Anne-Marie Smeaton

Name	Age	Team	Finals
<b>Finals</b>			
1 Zoe Mentor	11	TNS	30.62 NWI
2 Olivia Jackson	11	TNS	34.31 NWI
3 Georgia Biviano	11	TNS	42.11 NWI

**Girls 800 Meter Run 11 yrs**

Meet Record: 2:39.20 M 22/08/2014 Lauren Nugent

Name	Age	Team	Finals
<b>Finals</b>			
1 Olivia Yates	11	TNS	3:31.84
2 Georgia Biviano	11	TNS	4:10.73

**Girls High Jump 11 yrs**

Meet Record: 1.40m M 14/07/2002 Katrina Stevenson

Name	Age	Team	Finals
<b>Finals</b>			
1 Zoe Mentor	11	TNS	1.30m
2 Georgia Biviano	11	TNS	1.10m
3 Olivia Yates	11	TNS	1.10m

**Girls Shot Put 11 yrs**

Meet Record: 9.91m M 29/09/2002 Narelle Clerk

Name	Age	Team	Finals
<b>Finals</b>			
1 Olivia Jackson	11	TNS	7.94m
2 Georgia Biviano	11	TNS	5.11m
3 Daisy Warnock	11	TNS	4.84m
4 Olivia Yates	11	TNS	4.83m

**Girls 100 Meter Run 12yrs**

Meet Record: 13.10 M 29/08/1999 Anne-Marie Smeaton

Name	Age	Team	Finals
<b>Finals</b>			
1 Sasza Toth	12	TNS	14.07 NWI
2 Peta Dickinson	12	TNS	14.73 NWI
3 Kira Steff	12	TNS	15.01 NWI
4 Kenicia Catmull	12	TNS	15.36 NWI
5 Riley deRooy	12	TNS	15.59 NWI
6 Kaylee Fitzsimmons	12	TNS	15.70 NWI
7 Tatjana Roberts	12	TNS	16.10 NWI

**Girls 200 Meter Run 12yrs**

Meet Record: 27.60 M 10/10/1999 Amanda West

Name	Age	Team	Finals
<b>Finals</b>			
1 Kenicia Catmull	12	TNS	31.98 NWI
2 Riley deRooy	12	TNS	35.70 NWI
3 Tatjana Roberts	12	TNS	37.31 NWI

**Girls 800 Meter Run 12yrs**

Meet Record: 2:27.44 M 20/08/2005 Isis Flynn-Pittar

Name	Age	Team	Finals
<b>Finals</b>			
1 Riley deRooy	12	TNS	3:10.17
2 Peta Dickinson	12	TNS	3:16.70
3 Tatjana Roberts	12	TNS	3:29.01

**Girls 200 Meter Hurdles 12yrs**

Meet Record: 31.60 M 12/09/1999 Rachel Phillips

Name	Age	Team	Finals
<b>Finals</b>			
1 Sasza Toth	12	TNS	36.76 NWI

**Girls Triple Jump 12yrs**

Meet Record: 10.29m M 20/06/1999 Amanda West

Name	Age	Team	Finals
<b>Finals</b>			
1 Sasza Toth	12	TNS	9.10m NWI
2 Riley deRooy	12	TNS	8.55m NWI
3 Tatjana Roberts	12	TNS	8.09m NWI
4 Peta Dickinson	12	TNS	7.89m NWI
5 Kenicia Catmull	12	TNS	7.67m NWI
6 Kira Steff	12	TNS	7.42m NWI
7 Kaylee Fitzsimmons	12	TNS	6.72m NWI

**Girls Discus Throw 12yrs**

Meet Record: 38.96m M 15/08/1999 Julie Bennell

Name	Age	Team	Finals
<b>Finals</b>			
1 Sasza Toth	12	TNS	20.77m
2 Riley deRooy	12	TNS	15.80m
3 Tatjana Roberts	12	TNS	15.42m
4 Peta Dickinson	12	TNS	12.73m
5 Kenicia Catmull	12	TNS	11.02m
6 Kanako Weightman	12	TNS	9.62m

**Girls 1500 Meter Race Walk 12yrs**

Meet Record: 8:31.40 M 17/08/1997 Karina Kirkpatrick

Name	Age	Team	Finals
<b>Finals</b>			
1 Riley deRooy	12	TNS	9:55.94
2 Sasza Toth	12	TNS	10:52.41

**Girls 100 Meter Run 13yrs**

Meet Record: 13.20 M 14/10/2000 Julie Bennell

Name	Age	Team	Finals
<b>Finals</b>			
1 Olivia Biviano	13	TNS	15.49 NWI

## Week 16 - Program 1b - 9/09/2016

## Results

**Finals ... (Girls 100 Meter Run 13yrs)**

Name	Age	Team	Finals
2 Isabel Nordine	13	TNS	15.61 NWI

**Girls 200 Meter Run 13yrs**

Meet Record: 26.60 M 26/06/2005 Meghann Hietamaki

Name	Age	Team	Finals
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**Finals**

1 Olivia Biviano	13	TNS	34.03 NWI
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**Girls 800 Meter Run 13yrs**

Meet Record: 2:24.30 M 14/09/1997 Jodie Parravicini

Name	Age	Team	Finals
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**Finals**

1 Isabel Nordine	13	TNS	3:31.76
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**Girls 200 Meter Hurdles 13yrs**

Meet Record: 31.90 M 15/10/2000 Anne-Marie Smeaton

Name	Age	Team	Finals
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**Finals**

1 Isabel Nordine	13	TNS	46.50 NWI
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**Girls High Jump 13yrs**

Meet Record: 1.55m M 5/03/2005 Jessica Prentice , Kimberley Jenner

Name	Age	Team	Finals
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**Finals**

1 Isabel Nordine	13	TNS	1.23m
2 Olivia Biviano	13	TNS	1.15m

**Girls Shot Put 13yrs**

Meet Record: 11.46m M 3/09/2000 Julie Bennell

Name	Age	Team	Finals
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**Finals**

1 Helena Cason	13	TNS	9.65m
2 Brittany Courtney	13	TNS	5.25m
3 Olivia Biviano	13	TNS	5.22m
4 Isabel Nordine	13	TNS	4.78m

**Women 100 Meter Run 15yrs**

Meet Record: 12.40 M 25/05/1986 Rebecca Xinos

Name	Age	Team	Finals
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**Finals**

1 Alice Adebiyi	15	TNS	14.60 NWI
2 Emily Biviano	15	TNS	15.23 NWI

**Women 200 Meter Run 15yrs**

Meet Record: 25.50 M 15/10/1995 Colleen Rehbein

Name	Age	Team	Finals
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**Finals**

1 Alice Adebiyi	15	TNS	29.51 NWI
2 Emily Biviano	15	TNS	30.94 NWI

**Women 800 Meter Run 15yrs**

Meet Record: 2:22.70 M 6/06/1999 Kelly Maloney

Name	Age	Team	Finals
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**Finals**

1 Emily Biviano	15	TNS	2:54.09
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**Women Javelin Throw 15yrs**

Meet Record: 36.76m M 19/07/2013 Annelise Pretzsch-Kalsgaard

Name	Age	Team	Finals
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**Finals**

1 Emily Biviano	15	TNS	10.35m
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**Women 1500 Meter Race Walk 15yrs**

Meet Record: 7:50.10 M 28/06/1992 Janie Evans

Name	Age	Team	Finals
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**Finals**

1 Emily Biviano	15	TNS	11:21.99
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**Women 100 Meter Run Open**

Meet Record: 12.58 M 28/08/2015 Tori West

Name	Age	Team	Finals
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**Finals**

1 Alexandra Kanowski	22	TNS	13.44 NWI
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**Women 200 Meter Run Open**

Meet Record: 25.80 M 26/09/1976 Cheryl Jacobsen

Name	Age	Team	Finals
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**Finals**

1 Alexandra Kanowski	22	TNS	27.90 NWI
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**Women 100 Meter Run 45-49yrs**

Meet Record: 14.50 M 26/06/1994 Bryony Barnett

Name	Age	Team	Finals
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**Finals**

1 Katrina Cordes	48	TNS	19.70 NWI
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**Women 200 Meter Run 45-49yrs**

Meet Record: 29.90 M 21/08/1994 Bryony Barnett

Name	Age	Team	Finals
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**Finals**

1 Katrina Cordes	48	TNS	42.01 NWI
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**Women Long Jump 45-49yrs**

Meet Record: 4.05m M 14/05/1995 Bryony Barnett

Name	Age	Team	Finals
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**Finals**

1 Katrina Cordes	48	TNS	2.56m NWI
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**Women Shot Put 45-49yrs**

Meet Record: 7.54m M 15/10/2000 Brenda McDowell

Name	Age	Team	Finals
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**Finals**

1 Katrina Cordes	48	TNS	5.18m
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**Women Shot Put 18-19yrs**

Meet Record: 10.61m M 22/08/2014 Tori West

Name	Age	Team	Finals
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**Finals**

1 Kayla Horne	18	TNS	8.82m
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## Results

**Women 1500 Meter Race Walk 18-19yrs**

Meet Record: 8:24.00 M 10/10/1999 Belynda Martin

Name	Age	Team	Finals
<b>Finals</b>			
1 Kayla Horne	18	TNS	12:26.15

**Boys 70 Meter Run 5yrs**

Meet Record: 13.00 M 15/10/2000 Levi Savage

Name	Age	Team	Finals
<b>Finals</b>			
1 Jamison Topp	5	TNS	14.75 NWI
2 Jakob Friskie	5	TNS	15.60 NWI
3 Archer Smerdon	5	TNS	16.11 NWI
4 Robert Graham	5	TNS	18.71 NWI

**Boys 80 Meter Run 5yrs**

Meet Record: 14.60 M 20/08/2000 Levi Savage

Name	Age	Team	Finals
<b>Finals</b>			
1 Jamison Topp	5	TNS	16.94 NWI
2 Jakob Friskie	5	TNS	17.21 NWI
3 Archer Smerdon	5	TNS	18.34 NWI
4 Robert Graham	5	TNS	21.46 NWI

**Boys 100 Meter Run 5yrs**

Meet Record: 14.70 M 20/08/2005 Alec Milne

Name	Age	Team	Finals
<b>Finals</b>			
1 Jamison Topp	5	TNS	21.96 NWI
2 Robert Graham	5	TNS	25.14 NWI
3 Jakob Friskie	5	TNS	25.22 NWI
4 Archer Smerdon	5	TNS	31.48 NWI

**Boys Long Jump 5yrs**

Meet Record: 2.81m M 14/10/2000 Bradley Edwards

Name	Age	Team	Finals
<b>Finals</b>			
1 Jakob Friskie	5	TNS	2.29m NWI
2 Jamison Topp	5	TNS	2.01m NWI
3 Archer Smerdon	5	TNS	1.82m NWI
4 Robert Graham	5	TNS	1.09m NWI

**Boys Discus Throw 5yrs**

Meet Record: 15.48m M 14/10/2000 Levi Savage

Name	Age	Team	Finals
<b>Finals</b>			
1 Jamison Topp	5	TNS	4.33m
2 Archer Smerdon	5	TNS	4.12m
3 Jakob Friskie	5	TNS	3.37m
4 Robert Graham	5	TNS	2.60m

**Boys 70 Meter Run 6yrs**

Meet Record: 12.60 M 3/08/2003 Kane Strachan

Name	Age	Team	Finals
<b>Finals</b>			
1 Kolby Walters	6	TNS	13.84 NWI
2 Chace Kennedy	6	TNS	14.08 NWI

3 Lucas Goodwin	6	TNS	15.52 NWI
4 Joshua Akers	6	TNS	17.09 NWI

**Boys 80 Meter Run 6yrs**

Meet Record: 14.50 M 30/09/2001 Bradley Edwards, Kane Strachan (1

Name	Age	Team	Finals
<b>Finals</b>			
1 Kolby Walters	6	TNS	15.67 NWI
2 Chace Kennedy	6	TNS	16.42 NWI
3 Lucas Goodwin	6	TNS	17.99 NWI
4 Joshua Akers	6	TNS	19.62 NWI

**Boys 100 Meter Run 6yrs**

Meet Record: 17.80 M 14/10/2000 Hayden Walk

Name	Age	Team	Finals
<b>Finals</b>			
1 Kolby Walters	6	TNS	20.68 NWI
2 Chace Kennedy	6	TNS	20.99 NWI
3 Lucas Goodwin	6	TNS	21.28 NWI
4 Joshua Akers	6	TNS	25.63 NWI

**Boys Long Jump 6yrs**

Meet Record: 3.04m M 17/08/2003 Kane Strachan

Name	Age	Team	Finals
<b>Finals</b>			
1 Kolby Walters	6	TNS	2.10m NWI
2 Lucas Goodwin	6	TNS	1.95m NWI
3 Chace Kennedy	6	TNS	1.85m NWI
4 Joshua Akers	6	TNS	1.65m NWI

**Boys Discus Throw 6yrs**

Meet Record: 19.49m M 30/09/2001 Levi Savage

Name	Age	Team	Finals
<b>Finals</b>			
1 Chace Kennedy	6	TNS	7.25m
2 Joshua Akers	6	TNS	4.67m

**Boys 70 Meter Run 7yrs**

Meet Record: 11.49 M 21/08/2015 Connor Jackson

Name	Age	Team	Finals
<b>Finals</b>			
1 Tyson Abdul-Rahman	7	TNS	13.91 NWI
2 Harry Audas-Gray	7	TNS	14.36 NWI
3 Thomas Schwartz	7	TNS	14.42 NWI
4 Juhl Atkinson-Fox	7	TNS	16.54 NWI
5 Lachlan Brooks	7	TNS	16.80 NWI

**Boys 80 Meter Run 7yrs**

Meet Record: 12.80 M 24/07/2015 Connor Jackson

Name	Age	Team	Finals
<b>Finals</b>			
1 Tyson Abdul-Rahman	7	TNS	15.72 NWI
2 Thomas Schwartz	7	TNS	16.57 NWI
3 Jett Newman	7	TNS	16.58 NWI
4 Harry Audas-Gray	7	TNS	17.24 NWI
5 Juhl Atkinson-Fox	7	TNS	18.98 NWI
6 Lachlan Brooks	7	TNS	19.03 NWI

## Week 16 - Program 1b - 9/09/2016

## Results

**Boys 100 Meter Run 7yrs**

Meet Record: 16.65 M 7/08/2015 Connor Jackson

Name	Age	Team	Finals
<b>Finals</b>			
1	Tyson Abdul-Rahman	7 TNS	19.56 NWI
2	Jett Newman	7 TNS	20.10 NWI
3	Harry Audas-Gray	7 TNS	21.49 NWI
4	Thomas Schwartz	7 TNS	21.79 NWI
5	Juhl Atkinson-Fox	7 TNS	26.62 NWI
6	Lachlan Brooks	7 TNS	29.71 NWI

**Boys Long Jump 7yrs**

Meet Record: 3.42m M 28/08/2015 Gabriel Friskie

Name	Age	Team	Finals
<b>Finals</b>			
1	Harry Audas-Gray	7 TNS	2.46m NWI
2	Thomas Schwartz	7 TNS	2.28m NWI
3	Tyson Abdul-Rahman	7 TNS	1.85m NWI
4	Lachlan Brooks	7 TNS	1.68m NWI
5	Juhl Atkinson-Fox	7 TNS	1.56m NWI
---	Jett Newman	7 TNS	FOUL

**Boys Shot Put 7yrs**

Meet Record: 7.49m M 14/07/2002 Levi Savage

Name	Age	Team	Finals
<b>Finals</b>			
1	Harry Audas-Gray	7 TNS	4.10m
1	Juhl Atkinson-Fox	7 TNS	4.10m
3	Tyson Abdul-Rahman	7 TNS	3.93m
4	Thomas Schwartz	7 TNS	3.21m
5	Jett Newman	7 TNS	2.75m
6	Lachlan Brooks	7 TNS	2.71m

**Boys 80 Meter Run 8 yrs**

Meet Record: 12.30 M 14/09/1997 Ainsley Taylor

Name	Age	Team	Finals
<b>Finals</b>			
1	Connor Jackson	8 TNS	12.71 NWI
2	Gabriel Friskie	8 TNS	13.58 NWI
3	Hawking Hook	8 TNS	14.18 NWI
4	Chance Horne	8 TNS	14.65 NWI
5	Aiden Raciti	8 TNS	15.25 NWI
6	Oliver Lukacs	8 TNS	16.14 NWI

**Boys 100 Meter Run 8 yrs**

Meet Record: 15.80 M 30/09/2001 Joel Guirao

Name	Age	Team	Finals
<b>Finals</b>			
1	Connor Jackson	8 TNS	15.85 NWI
2	Gabriel Friskie	8 TNS	17.08 NWI
3	Michael Downes	8 TNS	17.39 NWI
4	Hawking Hook	8 TNS	17.93 NWI
5	Chance Horne	8 TNS	18.61 NWI
6	Aiden Raciti	8 TNS	20.01 NWI
7	Oliver Lukacs	8 TNS	20.59 NWI

**Boys 800 Meter Run 8 yrs**

Meet Record: 2:54.62 M 9/09/2016 Carter Koitka

Name	Age	Team	Finals
<b>Finals</b>			
1	Carter Koitka	8 TNS	2:54.62M
2	Connor Jackson	8 TNS	3:05.37
3	Gabriel Friskie	8 TNS	3:13.24
4	Michael Downes	8 TNS	3:17.55
5	Hawking Hook	8 TNS	3:17.84
6	Aiden Raciti	8 TNS	3:56.91
7	Oliver Lukacs	8 TNS	5:49.43

**Boys High Jump 8 yrs**

Meet Record: 1.15m M 20/08/2005 Clint Colledge

Name	Age	Team	Finals
<b>Finals</b>			
1	Connor Jackson	8 TNS	1.08m
2	Michael Downes	8 TNS	1.05m
3	Carter Koitka	8 TNS	0.95m
4	Chance Horne	8 TNS	J0.95m
5	Gabriel Friskie	8 TNS	0.90m
6	Aiden Raciti	8 TNS	J0.90m
7	Hawking Hook	8 TNS	J0.90m
---	Oliver Lukacs	8 TNS	NH

**Boys Discus Throw 8 yrs**

Meet Record: 23.28m M 19/05/1996 Adam Montague

Name	Age	Team	Finals
<b>Finals</b>			
1	Connor Jackson	8 TNS	18.18m
2	Chance Horne	8 TNS	15.18m
3	Carter Koitka	8 TNS	11.93m
4	Gabriel Friskie	8 TNS	9.58m
5	Michael Downes	8 TNS	9.15m
6	Aiden Raciti	8 TNS	6.80m

**Boys 80 Meter Run 9 yrs**

Meet Record: 11.90 M 29/09/2002 Joel Guirao

Name	Age	Team	Finals
<b>Finals</b>			
1	Liam Rowlands	9 TNS	12.88 NWI
2	Riley Morrison	9 TNS	14.18 NWI
3	Mitchell Hockaday	9 TNS	14.40 NWI
4	Blake Koitka	9 TNS	14.88 NWI
5	Owen Yates	9 TNS	15.86 NWI
6	Jake Raeburn	9 TNS	20.92 NWI

**Boys 100 Meter Run 9 yrs**

Meet Record: 14.80 M 29/08/1999 Chris Quirke

Name	Age	Team	Finals
<b>Finals</b>			
1	Liam Rowlands	9 TNS	15.97 NWI
2	Angus Nordine	9 TNS	16.83 NWI
3	Riley Morrison	9 TNS	17.14 NWI
4	Mitchell Hockaday	9 TNS	17.60 NWI
5	Blake Koitka	9 TNS	18.19 NWI
6	Owen Yates	9 TNS	20.44 NWI

## Week 16 - Program 1b - 9/09/2016

## Results

**Finals ... (Boys 100 Meter Run 9 yrs)**

Name	Age	Team	Finals
7 Jake Raeburn	9	TNS	23.46 NWI

**Boys 800 Meter Run 9 yrs**

Meet Record: 2:51.94 M 19/07/2013 Mitchell Young

Name	Age	Team	Finals
1 Liam Rowlands	9	TNS	2:52.50
2 Mitchell Hockaday	9	TNS	2:57.82
3 Blake Koitka	9	TNS	3:11.87
4 Owen Yates	9	TNS	3:27.76
5 Riley Morrison	9	TNS	3:40.02

**Boys Long Jump 9 yrs**

Meet Record: 3.99m M 5/09/1999 Chris Quirk

Name	Age	Team	Finals
1 Mitchell Hockaday	9	TNS	3.31m NWI
2 Blake Koitka	9	TNS	3.18m NWI
3 Liam Rowlands	9	TNS	3.12m NWI
4 Owen Yates	9	TNS	2.93m NWI
5 Riley Morrison	9	TNS	2.73m NWI
6 Angus Nordine	9	TNS	2.70m NWI
7 Jake Raeburn	9	TNS	1.78m NWI

**Boys Javelin Throw 9 yrs**

Meet Record: 18.94m M 19/08/2016 Riley Morrison

Meet Record: 10.85m M 29/04/2016 Riley Morrison

Name	Age	Team	Finals
1 Riley Morrison	9	TNS	16.86mM
2 Liam Rowlands	9	TNS	13.50mM
3 Blake Koitka	9	TNS	12.12mM
4 Mitchell Hockaday	9	TNS	11.39mM
5 Owen Yates	9	TNS	7.83m
6 Jake Raeburn	9	TNS	7.04m
--- Angus Nordine	9	TNS	DQ

**Boys 100 Meter Run 10 yrs**

Meet Record: 14.10 M 3/10/1999 Chris Moore

Name	Age	Team	Finals
1 Riley Downes	10	TNS	16.27 NWI
2 Kye Stallan	10	TNS	16.69 NWI
3 William Sulicich	10	TNS	16.86 NWI
4 William Abdul-Rahman	10	TNS	17.02 NWI
5 Philo Horne	10	TNS	18.88 NWI
6 Lachlan Denman	10	TNS	19.62 NWI
7 Riley Oakley	10	TNS	20.17 NWI
8 Beau Mounser-Scott	10	TNS	21.74 NWI
9 Nathaniel Barton	10	TNS	24.11 NWI

**Boys 200 Meter Run 10 yrs**

Meet Record: 30.20 M 15/10/2000 James Buckby

Name	Age	Team	Finals
1 William Abdul-Rahman	10	TNS	35.10 NWI

2 Riley Downes	10	TNS	38.22 NWI
3 William Sulicich	10	TNS	40.88 NWI
4 Lachlan Denman	10	TNS	43.63 NWI
5 Riley Oakley	10	TNS	44.80 NWI
6 Philo Horne	10	TNS	45.06 NWI
7 Beau Mounser-Scott	10	TNS	45.99 NWI
8 Nathaniel Barton	10	TNS	57.20 NWI

**Boys 800 Meter Run 10 yrs**

Meet Record: 2:42.30 M 4/08/1996 Terence Foster

Name	Age	Team	Finals
1 Kye Stallan	10	TNS	3:06.21
2 Riley Downes	10	TNS	3:11.50
3 William Abdul-Rahman	10	TNS	3:24.37
4 Beau Mounser-Scott	10	TNS	4:19.04
5 Nathaniel Barton	10	TNS	4:30.89
6 Lachlan Denman	10	TNS	4:48.65
7 Philo Horne	10	TNS	5:00.35
8 Riley Oakley	10	TNS	5:27.12

**Boys Long Jump 10 yrs**

Meet Record: 4.61m M 14/09/2003 Joel Guirao

Name	Age	Team	Finals
1 Kye Stallan	10	TNS	3.40m NWI
2 William Abdul-Rahman	10	TNS	3.06m NWI
3 William Sulicich	10	TNS	2.76m NWI
4 Riley Downes	10	TNS	2.69m NWI
5 Philo Horne	10	TNS	2.56m NWI
6 Lachlan Denman	10	TNS	2.34m NWI
7 Riley Oakley	10	TNS	2.32m NWI
8 Beau Mounser-Scott	10	TNS	2.24m NWI
9 Nathaniel Barton	10	TNS	1.84m NWI

**Boys Discus Throw 10 yrs**

Meet Record: 26.72m M 30/07/2005 Levi Savage

Name	Age	Team	Finals
1 Kye Stallan	10	TNS	15.24m
2 Philo Horne	10	TNS	13.78m
3 William Abdul-Rahman	10	TNS	12.43m
4 William Sulicich	10	TNS	12.31m
5 Riley Downes	10	TNS	11.77m
6 Nathaniel Barton	10	TNS	11.68m
7 Riley Oakley	10	TNS	10.70m
8 Lachlan Denman	10	TNS	8.63m
9 Beau Mounser-Scott	10	TNS	7.52m

**Boys 800 Meter Race Walk 10 yrs**

Meet Record: 5:37.14 M 24/05/2013 Ethan Cross

Name	Age	Team	Finals
1 Riley Downes	10	TNS	5:57.30
2 Beau Mounser-Scott	10	TNS	7:05.50
3 Philo Horne	10	TNS	7:15.12
4 Lachlan Denman	10	TNS	7:16.47



## Week 16 - Program 1b - 9/09/2016

## Results

**Finals ... (Boys 800 Meter Race Walk 10 yrs)**

Name	Age	Team	Finals
5 Riley Oakley	10	TNS	7:17.66
6 William Abdul-Rahman	10	TNS	7:17.77

**Boys 100 Meter Run 11 yrs**

Meet Record: 13.80 M 9/09/2001 James Buckby

Name	Age	Team	Finals
1 Cody Zilm	11	TNS	15.17 NWI
2 Jai Chetham-O'Connor	11	TNS	16.95 NWI
3 Dylan Thomson	11	TNS	17.22 NWI
4 Ezekiel Gray	11	TNS	18.82 NWI

**Boys 200 Meter Run 11 yrs**

Meet Record: 27.40 M 7/10/2001 James Buckby

Name	Age	Team	Finals
1 Cody Zilm	11	TNS	30.86 NWI
2 Jai Chetham-O'Connor	11	TNS	37.02 NWI
3 Dylan Thomson	11	TNS	39.49 NWI

**Boys 800 Meter Run 11 yrs**

Meet Record: 2:36.40 M 15/10/2000 Daniel Lindby

Name	Age	Team	Finals
1 Cody Zilm	11	TNS	2:53.46
2 Jai Chetham-O'Connor	11	TNS	3:16.93
3 Dylan Thomson	11	TNS	3:57.24
4 Ezekiel Gray	11	TNS	4:04.46

**Boys High Jump 11 yrs**

Meet Record: 1.45m M 6/06/1998 Kelvin Baxter

Name	Age	Team	Finals
1 Dylan Thomson	11	TNS	1.20m
2 Cody Zilm	11	TNS	1.15m
3 Jai Chetham-O'Connor	11	TNS	1.15m
4 Ezekiel Gray	11	TNS	1.00m

**Boys Shot Put 11 yrs**

Meet Record: 8.78m M 13/08/2000 Liam Gaffney

Name	Age	Team	Finals
1 Cody Zilm	11	TNS	5.74m
2 Jai Chetham-O'Connor	11	TNS	5.26m
3 Ezekiel Gray	11	TNS	4.47m
4 Dylan Thomson	11	TNS	4.39m

**Boys 100 Meter Run 12yrs**

Meet Record: 12.40 M 8/09/2002 James Buckby

Name	Age	Team	Finals
1 Ashley Thomas	12	TNS	13.92 NWI
2 Patersen Andrew	12	TNS	14.18 NWI

**Boys 200 Meter Hurdles 12yrs**

Meet Record: 32.20 M 7/10/2001 Daniel Lindby

Name	Age	Team	Finals
1 Patersen Andrew	12	TNS	37.96 NWI

**Boys Triple Jump 12yrs**

Meet Record: 10.37m M 6/09/2013 Mathew Kerr

Name	Age	Team	Finals
1 Ashley Thomas	12	TNS	8.76m NWI
2 Jakson Hughes	12	TNS	8.07m NWI
3 Patersen Andrew	12	TNS	6.96m NWI

**Boys Discus Throw 12yrs**

Meet Record: 36.28m M 17/08/1997 Jarrod Bannister

Name	Age	Team	Finals
1 Ashley Thomas	12	TNS	31.13m
2 Jakson Hughes	12	TNS	16.77m
3 Patersen Andrew	12	TNS	11.39m

**Boys 100 Meter Run 13yrs**

Meet Record: 12.40 M 16/04/2000 Evan Seedhouse

Name	Age	Team	Finals
1 Ethan Pemmelaar	13	TNS	13.34 NWI

**Boys 800 Meter Run 13yrs**

Meet Record: 2:21.85 M 16/08/2013 Matthew Maguire

Name	Age	Team	Finals
1 Ethan Pemmelaar	13	TNS	3:12.47

**Boys High Jump 13yrs**

Meet Record: 1.80m M 5/08/2011 Brenton Foster

Name	Age	Team	Finals
1 Ethan Pemmelaar	13	TNS	1.35m

**Boys Shot Put 13yrs**

Meet Record: 15.73m M 29/08/1999 Matthew Vaughan

Name	Age	Team	Finals
1 Ethan Pemmelaar	13	TNS	8.97m

**Boys 100 Meter Run 14yrs**

Meet Record: 11.82 M 28/05/2010 Sherome Sailor

Name	Age	Team	Finals
1 Jesse Quilliam	14	TNS	13.13 NWI
2 Zachery Richards	14	TNS	13.49 NWI
3 Harvey Smith	14	TNS	13.61 NWI

## Week 16 - Program 1b - 9/09/2016

## Results

**Boys 200 Meter Run 14yrs**

Meet Record: 23.89 M 7/05/2010 Sherome Sailor

Name	Age	Team	Finals
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**Finals**

1	Harvey Smith	14	TNS	27.70	NWI
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**Boys 800 Meter Run 14yrs**

Meet Record: 2:11.19 M 2/07/2005 Jacob Reid

Name	Age	Team	Finals
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**Finals**

1	Connor Latouf	14	TNS	2:28.09
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**Boys High Jump 14yrs**

Meet Record: 1.85m M 31/08/2012 Brenton Foster

Name	Age	Team	Finals
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**Finals**

1	Zachery Richards	14	TNS	1.50m
2	Jesse Quilliam	14	TNS	1.40m

**Boys Javelin Throw 14yrs**

Meet Record: 55.62m M 18/04/1999 Jarrod Bannister

Name	Age	Team	Finals
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**Finals**

1	Harvey Smith	14	TNS	29.50m
2	Jesse Quilliam	14	TNS	20.83m
3	Zachery Richards	14	TNS	16.61m

**Men 100 Meter Run 15yrs**

Meet Record: 11.70 M 23/04/1972 Ken Hudson

Name	Age	Team	Finals
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**Finals**

1	Tristan Mentor	15	TNS	12.20	NWI
2	Isaac Sinclair-Tseros	15	TNS	13.69	NWI
3	Jacob Thorp	15	TNS	13.72	NWI

**Men 200 Meter Run 15yrs**

Meet Record: 23.20 M 12/08/2016 Isaac Sinclair-Tseros

Name	Age	Team	Finals
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**Finals**

1	Tristan Mentor	15	TNS	24.89	NWI
2	Nathan Hammond	15	TNS	26.47	NWI

**Men 800 Meter Run 15yrs**

Meet Record: 2:08.20 M 4/09/1977 Joe Cetinic

Name	Age	Team	Finals
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**Finals**

1	Isaac Sinclair-Tseros	15	TNS	2:34.03
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**Men High Jump 15yrs**

Meet Record: 1.85m M 3/05/2013 Brenton Foster

Name	Age	Team	Finals
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**Finals**

1	Nathan Hammond	15	TNS	1.67m
2	Jacob Thorp	15	TNS	1.60m

**Men Javelin Throw 15yrs**

Meet Record: 54.64m M 6/09/2013 Crusoe Flynn-Pittar

Name	Age	Team	Finals
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**Finals**

1	Isaac Sinclair-Tseros	15	TNS	23.51m
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**Men 100 Meter Run 16 -17yrs**

Meet Record: 11.00 M 15/09/1991 Justin Smith

Name	Age	Team	Finals
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**Finals**

1	James Barclay	16	TNS	11.48	NWI
2	Jacob De Lai	16	TNS	12.80	NWI
3	Bradley Taylor	16	TNS	12.91	NWI

**Men 200 Meter Run 16 -17yrs**

Meet Record: 22.30 M 14/09/1997 Peter Spilsbury

Name	Age	Team	Finals
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**Finals**

1	Jacob De Lai	16	TNS	25.55	NWI
2	Luke Eastment	17	TNS	25.56	NWI

**Men 800 Meter Run 16 -17yrs**

Meet Record: 2:01.90 M 18/05/1975 Alan Flynn

Name	Age	Team	Finals
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**Finals**

1	Bradley Taylor	16	TNS	2:11.67
2	Jacob De Lai	16	TNS	2:14.04

**Men Long Jump 16 -17yrs**

Meet Record: 7.09m M 31/05/1998 Tim Parravicini

Name	Age	Team	Finals
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**Finals**

1	James Barclay	16	TNS	6.20m	NWI
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**Men Shot Put 16 -17yrs**

Meet Record: 17.92m M 27/08/1995 Luke Poli

Name	Age	Team	Finals
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**Finals**

1	Luke Eastment	17	TNS	8.59m
2	Bradley Taylor	16	TNS	5.64m

**Men 1500 Meter Race Walk 16 -17yrs**

Meet Record: 6:52.70 M 14/09/1991 George Frilingos

Name	Age	Team	Finals
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**Finals**

1	Jacob De Lai	16	TNS	11:12.98
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**Men 100 Meter Run 40-44yrs**

Meet Record: 12.01 M 20/04/2012 Craig Hookey

Name	Age	Team	Finals
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**Finals**

1	Michael Abdul-Rahman	41	TNS	14.67	NWI
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## Week 16 - Program 1b - 9/09/2016

## Results

**Men 200 Meter Run 40-44yrs**

Meet Record: 25.12 M 9/08/2013 John Stokes

Name	Age	Team	Finals
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**Finals**

1	Michael Abdul-Rahman	41	TNS	28.93	NWI
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**Men Long Jump 40-44yrs**

Meet Record: 5.21m M 20/08/1989 Brian Hartwell

Name	Age	Team	Finals
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**Finals**

1	Michael Abdul-Rahman	41	TNS	3.44m	NWI
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**Men Shot Put 40-44yrs**

Meet Record: 11.08m M 24/06/2001 Barry Mullins

Name	Age	Team	Finals
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**Finals**

1	Michael Abdul-Rahman	41	TNS	6.87m
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**Men 1500 Meter Race Walk 40-44yrs**

Meet Record: 9:40.30 M 29/03/1998 Peter Searle

Name	Age	Team	Finals
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**Finals**

1	Michael Abdul-Rahman	41	TNS	12:26.18
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**Men 100 Meter Run 45-49yrs**

Meet Record: 12.19 M 9/09/2016 John Stokes

Name	Age	Team	Finals
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**Finals**

1	John Stokes	46	TNS	12.19M	NWI
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**Men 200 Meter Run 45-49yrs**

Meet Record: 25.88 M 20/08/2006 Joseph Kemei

Name	Age	Team	Finals
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**Finals**

1	Andrew Kelly	48	TNS	36.98	NWI
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**Men Shot Put 45-49yrs**

Meet Record: 10.21m M 25/08/2002 Barry Mullins

Name	Age	Team	Finals
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**Finals**

1	Karl Denman	47	TNS	8.08m
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**Men 100 Meter Run 50-54yrs**

Meet Record: 12.80 M 3/10/1999 Brian Hartwell

Name	Age	Team	Finals
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**Finals**

1	Leigh Gray	52	TNS	16.15	NWI
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**Men 200 Meter Run 50-54yrs**

Meet Record: 26.30 M 10/10/1999 Brian Hartwell

Name	Age	Team	Finals
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**Finals**

1	Mark Mifsud	66	TNS	29.77	NWI
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**Men 200 Meter Hurdles 50-54yrs**

Meet Record: 43.40 M 9/09/2016 Leigh Gray

Name	Age	Team	Finals
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**Finals**

1	Leigh Gray	52	TNS	43.40M	NWI
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**Men Shot Put 50-54yrs**

Meet Record: 11.24m M 1/06/1997 Derek Croft

Name	Age	Team	Finals
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**Finals**

1	Leigh Gray	52	TNS	9.31m
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**Men 1500 Meter Race Walk 50-54yrs**

Meet Record: 12:38.35 M 9/09/2016 Leigh Gray

Name	Age	Team	Finals
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**Finals**

1	Leigh Gray	52	TNS	12:38.35M
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**Men 100 Meter Run 18-19yrs**

Meet Record: 10.60 M 30/08/1992 Justin Smith

Name	Age	Team	Finals
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**Finals**

1	Ashley Brooke	18	TNS	11.72	NWI
2	Shane Duncanson	18	TNS	12.24	NWI
3	Steven Houston	18	TNS	12.86	NWI

**Men 200 Meter Run 18-19yrs**

Meet Record: 22.50 M 15/08/1999 Tim Parravicini

Name	Age	Team	Finals
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**Finals**

1	Lindsey Hendy	19	TNS	24.14	NWI
2	Steven Houston	18	TNS	27.23	NWI

**Men 800 Meter Run 18-19yrs**

Meet Record: 2:04.00 M 5/09/1976 Ernie Christie

Name	Age	Team	Finals
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**Finals**

1	Steven Houston	18	TNS	3:30.23
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**Men Long Jump 18-19yrs**

Meet Record: 7.20m M 11/04/1999 Tim Parravicini

Name	Age	Team	Finals
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**Finals**

1	Shane Duncanson	18	TNS	6.38m	NWI
---	Lindsey Hendy	19	TNS	FOUL	

**Men Shot Put 18-19yrs**

Meet Record: 14.85m M 5/11/1995 Luke Poli

Name	Age	Team	Finals
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**Finals**

1	Steven Houston	18	TNS	8.30m
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